



God Helps Gideon Defeat the Midianites

Judges 6:1-16; 7:1-24



Bible Point: We can trust God with the future.



Key Verse: "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand" (Isaiah 41:10).

Use the following activities to further the application of this week's lesson in the lives of your family members.

Discussion Starters

Preschoolers

- What are ways God shows you that he cares about you?
- When we are afraid of something, what should we do?

Elementary Students

- Why do you think God wants us to trust in him?
- What is the hardest thing for you about trusting God?

Youth

- In which situations do you find yourself needing God's help?
- What does "trusting God" look like? Is it easy or hard for you? Why?

Talk Topics

- Describe a time you were anxious about something.
- Discuss ways your family can learn more about trusting God and allowing him to provide the strength you need.
- Share with your children about a time you were afraid of the future and trusting—or not trusting—God was a big issue. If you did trust God, what happened? If you didn't, what happened?
- List day-to-day opportunities that you and your family members have to trust God, such as dealing with someone who is mean, facing the loss of a job, or having to make a major decision about college.

Through the Week

Use the following passages to explore additional biblical insights about trusting God.

Monday—Isaiah 40:31

Tuesday—Psalm 139:23-24

Wednesday—Jeremiah 29:11

Thursday—Matthew 6:25-27

Friday—Ephesians 6:10-18

Saturday—Philippians 3:12-14

Daily Challenges®

- Find other verses in the Bible that will remind you that God is in control and can be trusted with your future. Write them on a note card and put it somewhere that you can look at it each day.
- Start your day right: Every morning when you get up, pray to God and give him control of your day. Then watch what happens.
- Share with a friend or co-worker how you're trusting God this week, and ask him or her to remind you of your commitment—even if he or she doesn't know Jesus. Give God a chance to show up in that relationship.
- With your family, pull out an old hat and label it "Trusting God Hat." Pass the hat around, and let each person who puts on the hat talk about a situation in his or her life in which it is important to trust God. Discuss how trusting God can provide hope and joy in each of those situations. Encourage family members to share ways in which trusting God can make a real difference when we face uncertain and difficult times.